Laser Haemorroidoplasty: What Do We know so Far

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Evolution of The Technique

- 60- 70: excision using laser beam
- 70- few years ago : claims of treatment
- Few years ago: advanced technology, re-introduction

Position Within the Guide Lines

• ESCP

Italian society of Colorectal Surgery

NICE Guide Lines

- ASCPGBI Annual Meeting 2020
- 60 Patients in 2 grouops
- Mean postoperative pain 3 vs 6
- Mean return to work 3 days vs 7 days
- 2 developed bleeding
- Relatively safe

How To Do It

- Patient selection
- Direction of introuction
- Site of entry bleeding
- Mucopexy?
- Avoid over heating
- Don't put holes



Thank you